

DRESS AND EQUIPMENT LIST

206 ACU RECRUIT INDUCTION DAY 2/10

Saturday, 21 August 2010

Form up: 0650hrs (Marist)

Dismissed: 1800hrs (Marist)

Personal Equipment

Serial	Item Description	Quantity	Remarks
1	T-Shirt (inc Coy T-Shirt)	2	Wear one when you arrive. The Coy t-shirt will be issued on the day (if not before)
2	Shorts or Long pants	1	Worn. Be aware you will be outside for most of the day.
3	Jacket	1	Polar-fleece jacket or jumper in case weather turns cold.
4	Baseball cap	1	Worn throughout the day when outside
5	Runners	1-pair	Worn
6	Socks	2-pair	1 worn, 1 (thicker) to use to try on boots
7	Sunscreen	1	Applied as required.
8	Black Shoe Polish, soft cloth & brush	1 ea	For your boots
9	Notebook A5 & Pen	2 ea	ALWAYS bring this to cadets from now on
10	Tracksuit	1	In case weather turns cold. Wear it when you arrive then remove as necessary
11	Water Bottle	2Lt	For consumption and re-hydration throughout the day
12	Packed Lunch	1	Plus snacks for breaks during day. There is no shop close by to 5-CSSB.
13	Personal Medication	As required	Advise OOCs if you have any