

AUSTRALIAN ARMY CADETS (AAC)

MEDICAL EXAMINATION RECORD

STATEMENT TO THE MEDICAL PRACTITIONER

By direction of the Department of Defence - Army, each candidate is to be medically examined for physical fitness by a medical practitioner, to ensure the safety of all members of the AAC during their activities. Your assessment and certification on the attached document is requested, to indicate the candidate's medical fitness for normal activities within the AAC.

It is felt, that for two reasons, it may be necessary to place restrictions on the activities undertaken by an individual cadet, and they are:

AAC officers have a 'duty of care' responsibility to ensure the safety of all cadets in their charge, and there is a need to protect them from legal liability in the event that a cadet, due to his/her medical condition, injures him or herself, or causes another cadet to be injured.

AAC members are covered under the Commonwealth *Safety Rehabilitation and Compensation Act 1988* for injuries sustained while undertaking approved AAC activities. Consequently, AAC officers have an obligation to minimise the risk to which the Federal Government is exposed.

Medical advice suggests, for the safety of all cadets involved, that certain restrictions may be applied to cadets with specific medical conditions. Please make any comments you may have in regard to the activities listed and provided advice of whether you believe the child is capable of completing the activities and to what level of medical supervision is required, if any.

The Medical Statement by the parent/guardian for the applicant is attached for your information.

If you require any clarification for the completion of this document, please contact:

AAC HQ - NSW. on 1800 674 192.

To be completed by the Medical Practitioner

APPLICANT'S DETAILS

Surname: Given Names:

Date of Birth:

Activities	Can do	Can do under supervision	Cannot do	Remarks (E.g.: use of self administered drugs, proximity to medical facilities required)
Perform drill without firearms for periods up to one hour (standing)				
Perform drill with firearms for periods up to one hour (standing)				
Participate in ceremonial parades for periods up to two hours (standing)				
Participate in roping and rappelling				
Participate in watermanship training (includes canoeing, boating and swimming)				
Live firing of firearms				
Navigate across country by day				
Navigate across country by night				
Participate in physical training				
Complete an obstacle course				
Complete a confidence course above water				
Participate in survival training				
Practice, perform and administer first aid				
Participate in classroom activities				
Live in the field in tentage (for example: lower than normal access to shelter, food, hygiene facilities and refrigeration)				
Capable of participating in contact sports				
Participate in training with machinery				

